

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Neighbourly Care Southall	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Ealing	
Contact person: Mr Andrew Buddle	Position: Chief Executive
Website: http://www.neighbourlycare.org.uk	
Legal status of organisation: First Contact	Charity, Charitable Incorporated Company or company number: 1065772
When was your organisation established? 04/01/1983	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners		
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting improved well-being		
Please describe the purpose of your funding request in one sentence. To provide an inclusive service to older people Irrespective of background within which we offer structured services which improve social isolation and wellbeing		
When will the funding be required? 01/10/2018		
How much funding are you requesting?		
Year 1: £36,557	Year 2: £35,797	Year 3: £36,037
Total: £108,391		

Aims of your organisation:

...to promote the relief of all people in need including those who are disabled or in need in any manner, which is now, or hereafter may be deemed by law to be charitable, within west London and Middlesex.

Main activities of your organisation:

- ? Neighbourly Care provides fully inclusive services to 3800 older people in 20 local neighbourhood hubs ? plus a befriending scheme for 450 housebound elders receiving weekly visits at home
- ? Our services include -
- ? Exercise classes and health walks
- ? Falls awareness courses
- ? General health programme of talks and discussion
- ? Mental Health talking therapy programme
- ? Mental health project for ex-users of khat
- ? Dementia awareness 18 Neighbourly Care Dementia Champions/80 Dementia Friends from 20 minority communities
- ? Programme of computer classes for users
- ? Advice surgeries and support with weekly advice surgeries
- ? Cultural and social activities arts and crafts, writing, singing, dancing, drawing and painting groups
- ? Diabetes Risk assessments for 4,500+ residents
- ? Making Every Contact Count training
- ? Support for carers - cafe, advice and social activities
- ? Volunteering ? 600+ volunteers
- ? Support for 18 minority community groups in Neighbourly Care consortium
- ? Open air ?green? hub opened at Horsenden Farm.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	5	5	600

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	1 year

Summary of grant request

Founded in 1983 Neighbourly Care is the leading voluntary sector provider of services for older people and their carers across the London Borough of Ealing.

Our vision is the creation of an environment and a culture of justice and fairness in which everyone has a voice, everyone is heard and everyone is understood: a place where everyone can contribute to, and benefit from, a vibrant and diverse community. We work as the lead partner in a consortium in which we support a range of smaller minority community groups. Our partnership seeks to ensure that all of Ealing's communities have a sense of belonging, that we build strong and positive relationships between people of different backgrounds and that we work towards a shared vision of equity and social inclusion.

We offer structured services which make a difference to physical and mental health, to inclusion and participation as a response to social isolation and loneliness and to the extension of independent living.

Neighbourly Care works with 19 of Ealing's minority community groups providing pathways into Ealing's many diverse communities. We support nearly 4,000 older users in drop in hubs in 20 separate local neighbourhood locations across the borough - in addition to running an integrated befriending scheme for 450 housebound older people. Our users derive from over 100 different countries of birth and speak over 40 first languages, one third (35%) are aged between 75 and 84, and a further 8% are aged over 85. As our population ages there are many "hidden" elders living in social isolation - especially within minority communities where language and cultural differences can accentuate problems over access to support. Our work with our partner groups has achieved notable success in identifying and locating many minority community elders living in social isolation but our partner groups are mostly small and can struggle with capacity, resources, skills and training. Despite our success in recent years much more can be achieved by sharing skills and experience within and between partner groups to reach and support even greater numbers of vulnerable older people.

We seek funding over 3 years for the employment costs of a Senior Projects Officer to strengthen our project management team and specifically to develop and expand our work with socially isolated older people aged 75 and over from Ealing's many diverse minority communities, to engage with a wide range of existing and new partners, to promote information and awareness of health issues and to promote collaboration and exchange between communities.

The work will be offered in a culture of safety, ownership of identity and respect and sensitivity to the language and cultural integrity of the individual older person.

The work will contribute to the following programme outcomes -

Older people aged over 75 years living more active and healthier lives - by introducing older people to socialising activities and participation in our physical activity and health programmes.

Fewer older people aged over 75 years with depression and more reporting improved wellbeing - by engaging older people in our structured range of wellbeing and mental health programmes, and by providing socialising activities and peer group support.

Older people having increased awareness of benefits, finance, housing and other rights - by engaging older people with our advice surgeries and information services.

People living with Alzheimers and other forms of dementia having a better quality of life -

Continues overleaf

Continued from previous

by introducing older people to our dementia friendly hubs and by working with Neighbourly Care's 18 Dementia Champions and 80 Dementia Friends.

Support, respite and advice for older carers - by engaging older carers with our range of carer support services.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

PQASSO

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Capacity building and support for 20 of Neighbourly Care's smaller minority community group partners who work with minority community older people. This will include quarterly training day workshops over the lifetime (3 years) of the work, involving each minority community group.

Support for socially isolated older people - especially from minority communities. 100 older people from minority community partners attending one or more of Neighbourly Care's 20 borough wide local neighbourhood hubs each week in each of 3 years (300 in total)

Befriending - recruiting and training 5 volunteer befrienders from each of 20 minority community group partners per year (100 befrienders per year, 300 in total over 3 years). Providing weekly befriending visits to 100 socially isolated minority community elders per year for 3 years (300 befriended elders in total)

Support for carers - local carer groups established in each of Neighbourly Care's 20 local neighbourhood hubs across the borough. 4 carers cafes established. Carers support linked to Neighbourly Care advice and information services. Employment and education advice, training and support offered to carers, especially older carers.

Managing mental health - partnerships with professional agencies (West London Mental Health Trust) to organise IAPT (talking therapy) workshops for older people in each of Neighbourly Care's 18 local neighbourhood hubs.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More socially isolated older people from minority communities are engaged in our services and reporting self assessed improvement in their wellbeing - utilising the Warwick-Edinburgh self assessment of wellbeing questionnaire.

More housebound and lonely older people are reporting life changes resulting from befriending visits.

Neighbourly Care's minority community partners are more confident, better equipped, better resourced and more outward looking - networking more closely at local level with other communities and partners and more confident with external agencies.

Older people with depression and mental health concerns are managing their conditions better.

Carers are more aware of their rights and of the support available to them, and sharing concerns with other carers in supported situations

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We are looking to diversify our income stream - by creating a number of social enterprises, including a co-operative home care agency offering quality services to users - and fairness and equality to care workers - building on our track record and reach to nearly 4,000 older people. We are currently drawing up business models.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Ealing (100%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Gross annual salary - Senior Projects Officer	30,000	30,000	30,000	90,000
Employer National Insurance and pension costs	3,457	3,697	3,937	11,091
Training	1,000	500	500	2,000
Telephone and Information technology	850	350	350	1,550
Contribution to running costs (office rent, stationery, etc)	1,250	1,250	1,250	3,750

TOTAL:	36,557	35,797	36,037	108,391
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Gross annual salary - Senior Projects Officer	30,000	30,000	30,000	90,000
Employer National Insurance and pension costs	3,457	3,697	3,937	11,091
Training	1,000	500	500	2,000
Telephone and Information technology	850	350	350	1,550
Contribution to running costs (office rent, stationery, etc)	1,250	1,250	1,250	3,750

TOTAL:	36,557	35,797	36,037	108,391
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2017
-----------------------	------------------------	----------------------

Income received from:	£
Voluntary Income	7,819
Activities for generating funds	7,722
Investment Income	0
Income from charitable activities	357,520
Other sources	0
Total Income:	373,061

Expenditure:	£
Charitable activities	367,681
Governance costs	5,480
Cost of generating funds	0
Other	0
Total Expenditure:	373,161
Net (deficit)/surplus:	-100
Other Recognised Gains/(Losses):	0
Net Movement In Funds:	-100

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	19,610
Long-term liabilities	0
*Total Assets (A):	19,610

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	19,610
*Total Reserves (B):	19,610

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
91-100%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The unrestricted reserves position has improved to £44465 at 31 March 2018 and is forecast to improve further in the current year. The charity pays invoices on receipt, does not enter into contracts beyond one year duration, and the current statutory redundancy liability stands at less than £30,000. Current local authority commissioning is firmly expected to be renewed for a further 4 years from 2019.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	225,031	290,000	290,000
London Councils	0	0	0
Health Authorities	60,260	67,520	62,520
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Anon	0	0	20,000
Mercers Company	0	0	13,512
Essex Fairway Charitable Foundation	10,000	0	0
Co-Operative Local Community Fund	0	0	10,000
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Andrew Thomas Buddle**

Role within
Organisation: **Chief Executive**